



LAT PULL PRO

Length: 66 1/2"

Width: 58 1/2"

Height: 85"

Weight: 433 lbs.

Features

The NEW Lat Pull PRO elevates back training with a smarter design and upgraded features. A precision-engineered strength curve aligns with the natural movement pattern and the science of muscle development. Specifically, the Lat Pull PRO features a lengthened-biased strength curve, resulting in smoother repetitions, greater tension in the target muscles, and more effective training.

Single-arm functionality allows athletes to address asymmetries developed through sport participation or prior injury. A central support handle provides added stability during single-arm pulldown variations. The movement arms can also be locked together for traditional double-arm pulldowns.

Redesigned thigh restraints and an adjustable seat accommodate users of all sizes, while integrated footrests allow shorter athletes to set up and train comfortably. Quick-change handles attach to either side of the pulldown arms, providing multiple grip orientations and widths.

- Adjustable thigh restraint with roller pads for secure positioning and easy entry/exit
- Height-adjustable seat and low-profile footrests fit athletes of all sizes
- Single- or dual-arm movement capability
- Integrated weight-plate storage
- Heavy-duty bearings for smooth, low-friction operation
- Interchangeable handles for multiple grip options
- Knurled support handle for single-arm pulldowns
- Custom color options available

Included Handle Attachments

Rotating handles, straight handles, and J-handles

Optional Handle Attachments

Ab/hands-free straps, rope handles